The Student Computer Lab offers beginner classes each Fall and Spring semester, for one to two weeks, depending on demand. Each class is 55 minutes long. Three classes a day are given, where each day's classes alternate among: word processing, email, and internet.

The IT department has offered and continues to offer computer classes as needs indicate, with the list below giving a fair picture of the various sessions that have been given for staff and faculty over the last number of years.

- Browser training
- Google suite: gmail, documents and calendars
- Individuals on per need basis; can be scheduled or not.
- Laulima
- Listserv
- MS Excel, various versions
- MS PowerPoint, various versions
- MS Word, various versions
- MYUH Portal
- Safe browsing
- Safe computing
- Sessions can be requested for a group
- Thunderbird
- Training to move users to UH mail from HCC mail
- Webmail