Application for Certification of a Course as a General Education Course

CTE SOCIAL SCIENCES CATEGORY

Applicant: ___________________ Course Alpha and Number: ____________________
Sharon Ota SOSE 270

Course Title: __________ Substance Abuse Counseling __________

Instructions:

Explain how the learning taking place in this course (required course only) meets the hallmarks listed below for the Social Sciences General Education Category. Do one or both of the following:

- Identify specific course SLOs that align with each hallmark.
- Describe class assignments or activities in which students learn and/or demonstrate the hallmark objective. Assignments and/or activities cited should be sufficiently important in terms of both time spent on them and their impact on students' final grades in the course.

Try to address all of the hallmarks. The strength of some responses should counterbalance the weakness of others. See hallmark questions that should be addressed in response to each of the hallmarks.

Also attach a copy of the official course outline.

The Hallmarks:

The course...

1. helps students think critically about their own behavior in society and the larger global community.
   1. Develop an understanding of definitions, concepts, principles, theories, and issues in the field of substance abuse counseling.
   2. Develop an understanding of physical and psychological effects of different classes of substances.
   3. Develop an understanding of the components of substance abuse screening, assessment, counseling and referral process.
   4. Develop an understanding of the ethical and legal issues in the substance abuse counseling profession.
   5. Develop an understanding of the social and economic cost of addiction to society.

2. promotes knowledge of multiple methodologies and theoretical approaches in understanding human behavior and societies.
   1. Develop an understanding of definitions, concepts, principles, theories, and issues in the field of substance abuse counseling.
   2. Develop an understanding of physical and psychological effects of different classes of substances.
   3. Develop an understanding of the components of substance abuse screening, assessment, counseling and referral process.
   4. Develop an understanding of the ethical and legal issues in the substance abuse counseling profession.
   5. Develop an understanding of the social and economic cost of addiction to society.

3. helps students synthesize and apply social science concepts to understand human behavior and societies.
   1. Develop an understanding of definitions, concepts, principles, theories, and issues in the field of substance abuse counseling.
   2. Develop an understanding of physical and psychological effects of different classes of substances.
   3. Develop an understanding of the components of substance abuse screening, assessment, counseling and referral process.
   4. Develop an understanding of the ethical and legal issues in the substance abuse counseling profession.
   5. Develop an understanding of the social and economic cost of addiction to society.

4. enables students to show how principles from social sciences can be used to make informed, reasoned, and ethical personal choices to form public policy.
   1. Develop an understanding of definitions, concepts, principles, theories, and issues in the field of substance abuse counseling.
   2. Develop an understanding of physical and psychological effects of different classes of substances.
   3. Develop an understanding of the components of substance abuse screening, assessment, counseling and referral process.
   4. Develop an understanding of the ethical and legal issues in the substance abuse counseling profession.

Applicant's signature: ___________________ Date: ____________

Please submit this application to your division secretary.
CTE Social Science Hallmark Questions
(Please address the questions below.)

1. **The course helps students think critically about one’s own behavior in society and the larger global community.**
   
   Does the course content include examining one’s own behavior in society and the larger global community? Yes
   
   If yes, what aspect?
   
   This course provides an understanding the dynamics of substance use and abuse and its social and economic cost to society. It also covers the diagnosis/assessment, treatment, and relapse prevention of those who are addicted. Students examine their own attitude and behaviors about the issues as well as about the impact of this social problem at the societal and global levels.
   
   How does the course require students to demonstrate knowledge gained? (Projects, papers, etc.)
   Case studies, literature review, written assignments, projects, videotaped mock counseling session, and exams.

2. **The course promotes knowledge of multiple methodologies and theoretical approaches in understanding human behavior and societies.**
   
   Does the course content include concepts, models, practices, or issues of concern in the scientific understanding of human behavior and societies? Yes
   
   If yes, which methods, such as interviews, case studies, observation, focus groups, surveys, experiments, and literature reviews, are employed in this course?
   Case studies, literature review, written assignments, projects, videotaped mock counseling session, and exams.

3. **The course helps students synthesize and apply social science concepts to understand human behavior and societies.**
   
   Does the course content use social science concepts to explain human behavior and interactions? Yes
   
   If yes, which social science concepts? (i.e., geographic: cultures and cultural diversity, civic: justice, economics, historical origins or eras, violations: human rights, peace, value, power).
   
   The social science concepts used in the course include but not limited to: society, values, culture, change, beliefs, ethics, group processes, expectations, stress, cognition, self-concept, attitudes, motivation, quality of life, emotions, behavior, coping strategies, acceptance and self-acceptance, individual differences, group dynamics, ethics.
   
   
   How does the course require students to demonstrate knowledge gained?
   Case studies, literature review, written assignments, projects, videotaped mock counseling session, and exams.

4. **The course enables students to show how principles from social sciences can be used to make informed, reasoned, and ethical personal choices to form public policy.**
   
   Does the course content include social science principles? Yes
   
   If yes, which social science principles? (Public policy dealing with social issues. i.e., guidelines, principles, legislation and activities that affect the living conditions conducive to human well being: welfare, social security, unemployment, environmental policy, pensions, healthcare, housing, child protection, social exclusion, education, crime and criminal justice, etc.)
   
   Public policy, specifically social policy, addresses social problems such as poverty, homelessness, crime, substance abuse, discrimination that adversely impact the quality of lives of Americans. Social policy seeks to improve human conditions and promote social equality.
   
   This course enables the students to apply social science principles to make informed, reasoned, and ethical decision at the micro (i.e. personal professional lives as substance abuse counselors, supervisors, administrators,
and community activists), mezzo (i.e. family, work, & community), and macro levels (e.g. legislative action such as writing testimony, lobbying to affect change at that policy level).

How does the course require students to demonstrate knowledge gained can be used to make informed, reasoned, and ethical personal choices to form public policy? Methods of evaluation include written assignments, inventories, surveys, observation assignments, case studies, final paper and exams.
COURSE OUTLINE

SOSE 270 Substance Abuse Counseling  3 credits (3 lect hrs/wk)

Course Catalog Description

Designed for people interested in pursuing work as a substance abuse counselor. Covers physical and psychosocial effects of substance abuse; screening, assessment, counseling and referral skills; and ethical and legal issues.

IA. Course Objectives:

1. Develop an understanding of definitions, concepts, principles, theories, and issues in the field of substance abuse counseling.

2. Develop an understanding of physical and psychological effects of different classes of substances.

3. Develop an understanding of the components of substance abuse screening, assessment, counseling and referral process.

4. Develop an understanding of the ethical and legal issues in the substance abuse counseling profession.

5. Develop an understanding of the social and economic cost of addiction to society.

IB. Student Learning Outcomes

1. Demonstrate an understanding of definitions, concepts, principles, theories, and issues in the field of substance abuse counseling.

2. Demonstrate an understanding of physical and psychological effects of different classes of substances.

3. Demonstrate an understanding of the components of substance abuse screening, assessment, counseling and referral process.

4. Demonstrate an understanding of the ethical and legal issues in the substance abuse counseling profession.

5. Demonstrate an understanding of the social and economic cost of addiction to society.

2. Relationship to other courses, the program, and the College’s philosophy and objectives

This course provides an overview to the field of substance abuse counseling. It is a course elective for the Human Services Program.

The Human Services Program prepares students for employment as paraprofessionals in the human services field and/or prepares them for transfer to a BSW program. Program is aligned to the College’s philosophy and mission - to provide semiprofessional, technical and vocational education and training that prepares students for immediate employment and thus meets the State’s need for a trained workforce.

SOSE 270 is an approved continuing education course (45 hours) for the State Department of Health’s Certified Substance Abuse Counselor (CSAC) credential.
3. **Course Content**

Patterns of Use and Societal Costs of Substance Use/Abuse, Substance Abuse and Sexuality, Substance Abuse-related Diseases, Major Substances of Abuse and the Body, Ethiological Theories of Substance Abuse, Assessment and Diagnosis, Treatment Planning and Treatment Setting, Family Therapy in Substance Abuse Treatment, Working with Diverse Populations and Cultures, Relapse Prevention Strategies and Models, Prevention, and Research and Contemporary Issues.

4. **Text**


5. **Auxiliary Materials and Content:**

Multi-media aids, guest speakers, and demonstration models.

6. **Methods of Instruction**

Lectures, class discussion, small discussion groups, case studies, role-play, interviews, slides, videos, and videotaped mock counseling session with critique from peers and instructor.

7. **Methods of Evaluation**

Case studies, literature review, written assignments, projects, videotaped mock counseling session, and exams.

8. **Resource Requirements and Justification**

A. **Changes: None**

Will this proposal require changes in the following areas:

- **Staff:** No changes - Instructor with the CSAC credential and professional clinical experience will teach the course.
- **Equipment:** Present multi-media equipment in the program’s classroom currently meets the needs of the course.
- **Other Resources:** Multi-media materials and current DSM reference publication will be purchased with the department’s current annual budgeted funds.