Members in Attendance: Chulee Grove, Kyle Higa, Clara Iwata, Nadine Leong-Kurio, Lianne Nagano, Derek Otsuji, Kathleen Saiki, Guy Shibayama

A. Minutes
   February minutes approved.

B. Update on Website (Nadine)
   As soon as dates are set for the scheduled events, Clara will give to Nadine to input on the web site. Nadine added “Tips of Managing Stress.”

C. HCC Bulletin Board (Clara)
   The bulletin board is now on “Walking.” After seeing that other bulletin boards in that area where not really visible, Clara decided not to ask for a moveable bulletin board.

E. GAR Recap (Guy)
   Guy spoke with Erika on the cost of the GAR shirts, and although she was surprised at the cost of $2,000, she was okay with paying the bill. Total of 140 participants and sponsors signed up for the GAR. We will see if we could have different options on shirts by having 1 color rather than assorted colors and having the pictures not be so thick.

F. Report/Update/Planned/Suggested Activities

   Result - Borscht, Friday, February 22, 12-1 p.m. (Derek)
      Fourteen people signed but nine people showed up. Evaluation sheets were distributed today.

   Postponed - Otsuji Farm’s Watercress Tour and Watercress (Derek)
      Derek will let us know when we are able to go on the watercress tour.

   Suggestion - Ka ‘Ikena Restaurant at Kapiolani Community College (Kyle)
      Ron Takahashi told Kyle it was ok to have lunch, but he did not mention anything on tours.

   Dates available for lunch or dinner:
      April 2 – May 3, 2013 (of this semester)
      September 10 – October 11, 2013
      November 5 – December 6, 2013.

      Guy suggest people pay ahead once we have the menu.
      Kathleen to get a call back from David Miyamoto, Banquet Coordinator – 734 – 9457 – to organize date/time, cost, and menu information.
Suggestion – Doris Duke’s Shangri La Tour (Nadine)
Nadine got a grant from “Bridget’s Cultural Muslin Souvenir Grant” to Doris Duke’s Shangri La Tour. She spoke with Carolyn Duponte from The Honolulu Museum of Art formally Honolulu Academy of Arts scheduled the tour on April 13, 2013 from 12:00 p.m. to 2:15 p.m., max 25 people for this tour. The tour will open to the Health and Wellness subcommittee members first before advertising to faculty and staff. Minimum of age to attend this tour is 18 years of age and older. Nadine mentioned about collecting e-mail and cell phone information from interested people, so we could send out reminder and contact information of the day of the event. Kathleen to send out information to H&W committee members. Everyone agreed to have those who RSVP to send in Assumption of Risk and Release form to Kathleen to be counted. Due date for this is this Friday, 3/22/2013 by 5 p.m.

Suggestion - Potluck HCC Family Night
Will talk about this next meeting.

Suggestion - Health and Wellness Subcommittee Organize Soup Day, Salad Day, Ice Cream Day
Guy spoke with Erika about the soup, salad, and ice cream days. She wholly supports the function, and Guy suggested that when she organizes her new staff development committee, they can take the lead and we can help. Right now the Staff Senate is in charge.

Would it be possible to change the time for our meeting to 1 p.m. to 2 p.m.? This will be mentioned at next meeting.

Next Meeting: Friday, April 19, 2013 (?)
2 p.m. – 3 p.m.
Apprenticeship Building Rm. 18