Health & Wellness Subcommittee Meeting
Minutes for 2/15/13 – 2 p.m. to 3 p.m.
Apprenticeship Building, Rm. 18

Members in Attendance: Kyle Higa, Clara Iwata, Nadine Leong-Kurio, Guy Shibayama, Lorri Taniguchi

A. Minutes
Group approved the January minutes.

B. Update on Website (Nadine)
Information on Health & Wellness scheduled events will go back to the former format.

C. HCC Bulletin Board (Clara)
The theme of the Health and Wellness Subcommittee bulletin board located next to the old library entrance is now on nutrition. We decided to leave next month’s bulletin board up to the student workers (flu or exercise). Because of the location of the bulletin board, Clara will ask if it is possible to get a moveable bulletin board.

E. GAR (Guy)
Two boxes of HCC GAR t-shirts were not claimed. It will be with Lorri in the Health Center until 4:30 p.m. and after 4:30 p.m. it will be turned over to Guy in Apprenticeship. Although the race will be over, t-shirts still can be claimed. Administration might cover the cost for the t-shirts. Yummy food will be set up in the apprenticeship building for participants and helpers. James will be in 8:00 a.m. on Monday so those who plan to help can come any time after that. Packet pick-up will be Friday, Saturday and Sunday at Neal Blaisdell.

F. Report/Update/Planned/Suggested Activities

Update - Borscht, Friday, February 22, 12-1 p.m., 7-320 (Derek)
Currently we have 11 people signed up for the Borscht cooking demonstration with about 4 yet unsure if they can make it or not. Besides making the Borscht, Chief Derek will pick up buns, Kathleen will be taking care of the advertisement and participant list, Clara will make sure we have enough paper goods and utensils and make the room reservation.

Planned - Otsuji Farm’s Watercress Tour and Watercress Soup (Derek)
We will be able to buy produce. Derek will let us know the date, time, and cost for this event.
Suggestion - Ka ‘Ikena Restaurant at Kapiolani Community College
Kyle will look up information for us and report to us at the next meeting.

Suggestion - Potluck HCC Family Night
Suggestion was made by Charles Miller to have it somewhere else so we don’t have to worry about making or bringing stuff. If we do have the potluck at HCC we need to do more promoting and we need to keep better track of what kind of food is being brought.

Suggestion - Health and Wellness Subcommittee Organize Soup Day, Salad Day, Ice Cream Day
Committee will discuss, Guy will check with Erika. The Senate and Staff Development are in transition so we need to wait before making a decision.

Next Meeting: Friday, March 15, 2013 (?)
2 p.m. – 3 p.m.
Apprenticeship Building Rm. 18