Spring Activities and Other Items:

**Great Aloha Run, President’s 100 Club** – Guy
This was a very successful event this year, with a lot of participants and sponsors. The picnic that took place after GAR was also very nice. There are some ideas for next year in terms of dividing the work for the event to make it more manageable for everyone.

**Line Dancing** – up and running again – Guy
Guy arranged with Sharon to continue the line dancing starting Friday, March 12 at 5:00pm. There have been several interested followers. There are just a handful of participants, but they really seem to enjoy it, and it actually makes the session a little easier to follow Sharon’s lead.

**Spring Farm Tour/rescheduled** - Lianne
Due to the Tsunami warning on Saturday, February 28, the Farm Tour was rescheduled to Saturday, March 13. So far there are 24 people that have signed up and are planning on attending. Derek Otsuji is planning on making a salad and a soup for the participants to enjoy at the end of the tour. This seems to be quite a popular opportunity, and after the tour this weekend will determine if it is something that should be repeated per interest from campus members.

**HMSA Workshops – Wellness Wednesdays** – Libby
HMSA is scheduled to present the final four workshops that the committee was interested in. Per Kimberley’s suggestion, we will call it Wellness Wednesdays, and the workshops will be held at 12:00pm on Wednesdays 3/17, 3/31, 4/14, and 4/28 in Building 7, Room 503. People are encouraged to bring their lunch. We will look into creating a flier that can be added to the website, and the link can be included in the email that goes out to campus announcing the workshops. The workshops, in order, will be Workstation Wellness, Successful Aging Begins with You, Healthy Eating Island Style, and Music and Health.

**Soup Day** – Lorri
The Staff Development Council scheduled the annual Soup Day for April 6th from 11:00-12:30pm. There will be a Domestic Violence Collection running at the same time. RSVP will be requested by March 31st. They are looking for groups to volunteer to make soups. They are requesting H&W subcommittee members to help with set-up, sign-ins, clean-up, and organizing and sorting the donations acquired through the donation drive. H&W will consider the possibility of making a soup. Possibly the recipes could be posted on the website? If available and can help the Staff Development Council in setting-up and clean-up, please let Lorri Taniguchi know.
Other – Kimberley announced the Walk a Mile in Her Shoes Day that will be on April 7, at noon on the mall at HCC. She passed out the flyers for members to post in office and to help spread the word. She encouraged our participation and support to help raise awareness around Domestic Violence.

Next meeting: April’s meeting has been cancelled because it was on the same day as the 3rd HMSA workshop. Will postpone until May 12 at 2:00pm in Building 4 (mirrored conference room). If anyone has anything to add or discuss, feel free to email the listserv.