Members in Attendance: Wayne Sunahara, Lianne Nagano, Clara Iwata, Kimberley Gallant, Nadine Leong-Kurio, Libby Jakubowski

Spring Activities and Other Items:

Great Aloha Run, President’s 100 Club – Guy
Gathering between 10:00am – 1:00pm in Parking Lot 2, desserts and/or sides welcomed.

Spring Farm Tour - Lianne
Cost $1, 15 slots available. Great opportunity to visit farm, see how to grow and care for various vegetables, have a salad tasting. Wear sunscreen and hat. Lianne will send out email announcement and distribute the flyers that Varouny put together.

HMSA Workshops – Libby
The last workshop, Germ Busters, was very lightly attended (only 6 people) however very well received. Will try to disseminate workshop announcements through different ways to get more people to come to subsequent meetings. Committee decided to try the remaining 4 workshops on Wednesdays, and call iy Wellness Wednesdays. Libby will talk with the HMSA workshop presenters to see if they have any dates available. Will report back to committee. Remaining workshops are Workstation Wellness, Successful Aging Begins with You, Healthy Eating Island Style, and Music and Health.

Don’t Be a Victim – Lianne
Considering we have GAR, Spring Farm Tour, and HMSA Workshops, this will be taken off agenda for Spring.

Kickboxing? – Kathy
Same as Don’t Be a Victim, will be taken off agenda.

Soup Day – Lorri
Lorri was not able to make it to meeting, do not have an official update on Soup Day except that Kimberley mentioned the date had been changed to March. Committee is interested in helping with set-up, etc., for soup day this year.

H&W Listserv Change – Libby
Listserv had changed to a UH listser, will now be hcc-wellness-l@lists.hawaii.edu. Will email all current members to see if they are still interested in being a member. If so, will add them to new listserv.

Next meeting – March 10, 2010, 2:00pm